

CLOTHING FOR **KAYAKING?**



COMMON SENSE

H20 TEMP

VISIBILITY

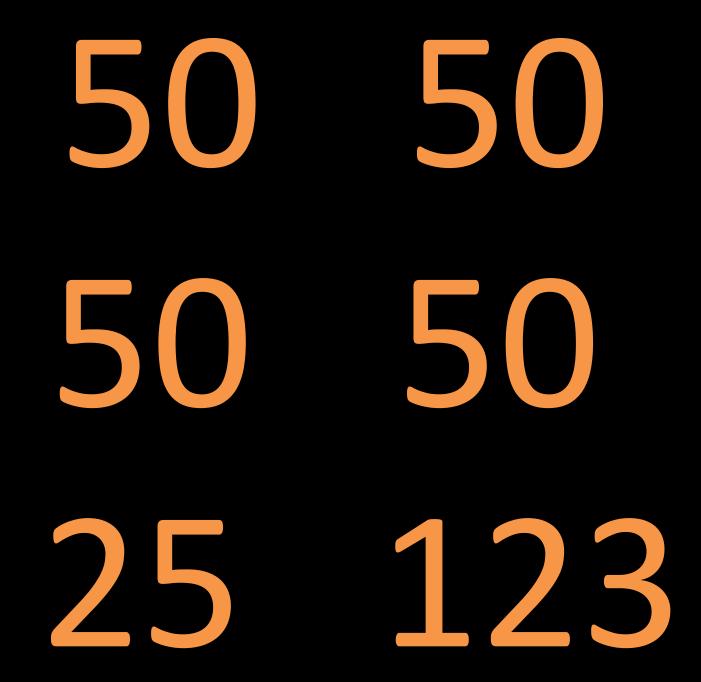
COMFORT SWIM YOUR

GEAR

TO PROTECT YOURSELF



WATER TEMPERATURE



In 50 degree water the average adult . . .

Has a 50/50 chance of surviving;

A 50 yard swim!

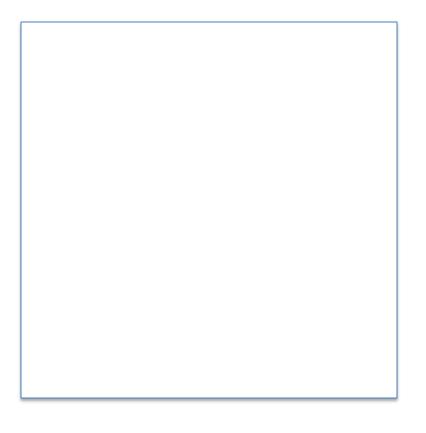
Your body loses its heat 25 times faster in water than in air! In 50 degree water you will be totally exhausted in 1 hour and;

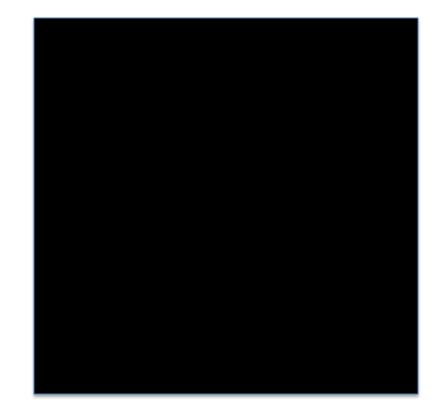
> Only survive 2 – 3 hours.

AIR TEMPERATURE

HYDRATE! HYDRATE! HYDRATE!

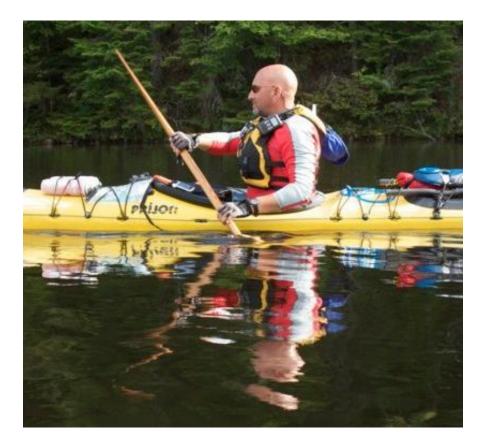






VISIBILITY ?

BRIGHT, COLORFUL, REFLECTIVE.





COMFORT

Aahhh . . or Ouch?

SWIM YOUR GEAR

SO NOW . . . WHAT TO WEAR?

